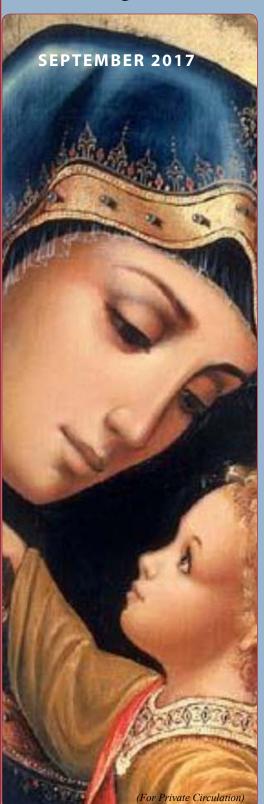


Madurai Jesuits' News Letter





Message from the Provincial



The Task Before Us

(His homily at the Mass on 18 June '17 when he took over as the new MDU Provincial. Continued from MNL, August 2017)

Dear Friends in the Lord,

IV. The Task before us

Ours is the fourth biggest province in the world. Out of 500 and odd members, 320 members are engaged in active ministry. Through our various ministries, such as, Higher Education, Secondary Education, Social Action, Socio-Pastoral Ministry and Spiritual Ministry and so on, we are in direct contact with 60000 men and women as mentioned by Fr SebastiL. Raj in his message to MNL June 2017. Together, we could make a tremendous positive impact in the lives of so many thousands of people if only all our energy is focused on apostolic engagement. All our members are highly capable, have lots of talents and potentials, are innovative, have courage and some are evenready to take up frontier ministries, etc. Several times, I used to be amazed at the enormity of the intellectual capital our province is blessed with. Given the abundance of human resources and material resources in our hands I am sure we will make a difference if only we put our heads together. We are learned and trained men lecturing, preaching, counseling, praying, shepherding, guiding, writing, and publishing. If only we work together, our collective impact will be tremendous. We were once upon a time pioneers, leaders working in the forefront within and outside the Church. Now, the situation is quite different. We find ourselves struggling to catch up with others who are going before us. So many organizations and institutions are overtaking us and have already done so leaving us to lag behind several of them. We are no longer sought-after persons except a few individuals. The number of such persons is also very low.

Our province has all that is needed to emerge as number one Province in the world in terms of our ministries and activities. Unfortunately, what we lack today is corporate resolve and collective ownership of our vision. What has led to the glaring absence of collective resolve is disunity caused by caste polarization. We shall journey together and we shall work together. In concrete terms, we shall focus on reconciliation and justice as outlined in GC 36.

I think of two very important mandates the Society has given us very recently in the form of two decrees promulgated

by GC 36.

They are: 1. Companions in a Mission of Reconciliation and Justice

2. Renewed Governance for a Renewed Mission

Dec.1: Companions in a Mission of Reconciliation and Justice

We are happy to know that this title was proposed by Fr Jebamalai Raja when the members of GC36 were asked to propose a suitable title for this Decree.Our appreciation goes to him.

No. 7: "We, Jesuits today, are also engaged in a variety of apostolate, which often demand specialization and a great deal of energy. If, however, we forget that we are one body, bound together in and with Christ, we lose our identity as Jesuits and our ability to bear witness to the Gospel. It is our union with one another in Christ that testifies to the Good News more powerfully than our competences and abilities."

It is an undeniable fact that we have lost our Jesuit identity – which is quite fundamental to our Jesuit life and mission. That we are one body, bound together in and with Christ, is something that is very fundamental and central to our Jesuit Identity.

The central message of today's second reading taken from St. Paul to the first Corinthians is also the same. Every day we share the same body of our Lord Jesus Christ. Since the bread is one, we are also one. Though we are many, we share the one bread.

The last verse of today's Gospel reads (Jn 6: 58): "Those who eat this bread will live forever." This call of Jesus to eat his bread is also a call to stay united and in communion with him through our communion with one another.

Danis Pouniah, SI Provincial

(To be continued)

Provincial's Programme



SEPTEMBER 2017

- 01-10 Europe
- 12 Joint Steering Committee Meeting LICET, Chennai
- 13 CV : Arul Kadal, Chennai
- 16 GBM: Finance Commission Maduralaya
- 18 CV: VMI, Vilangudi and Thirumanur
- 19 CV: Kalangarai, Nagapattinam
- 21-22 Province Consult
- 25 CV: De Britto, Devakottai
- 26 CV: St. Arulanandar, Oriyur

OCTOBER 2017

- 03 GBM, Youth Commission, Maduralaya
- 07-08 GBM, Dalit Commission, SJC, Trichy
- 09-11 Visitation, Beschi Illam
- 13 Province Consult
- 15 GBM, Formation Commission, Maduralaya
- 16 Loyola College, Chennai
- 17-19 Visitation, Vidya Jyoti, Delhi
- 20,21 Visitation, DNC, Pune
- 22-28 JCSA Meet
- 29-31 Visitation, Ours in Europe

Chennai Mission Superior's Programme

SEPTEMBER 2017

- 09 Mission Consult
- 12 Joint Steering Committee Meeting, LICET
- 13 LAV, Vadamelpakkam
- Meeting of Superiors, Team Leaders, Directors and Treasurers of Chennai Mission, Loyola, Chennai
- 18 Thirumaanur
- 21-22 Province Consult
- 23-30 Retreat

OCTOBER 2017

- 07-08 GBM, Dalit Commission, SJC, Trichy
- 11 Mission Consult
- 13 Province Consult
- 16-17 Makkampalayam
- 17-18 Mettuppalayam



Acting Provincial:

From 29 Aug till 11 Sep, when Fr Provincial would be in Europe, Fr M.A. Joe Antony, Socius, will be the Acting Provincial.

New Consultors:

Fr General has appointed Frs Leonard N. Fernando, Maria Joseph A and Stephen L.

Pragasam the new Province Consultors.

Transcribed to MDU:

In a letter dated 10 Aug '17 Fr General has transcribed **Fr Jeyaraj Elankeswaran** to MDU Province. Fr S. Arul, Regional Superior, Kohima Region, has thanked Fr Provincial for Fr Elankeswaran's "dedicated and committed ministry" in the Kohima Region.

TRANSFERS / APPOINTMENTS:

NAME	FROM	то	DESIGNATION
Fr Arulanandam Arockiam	SHC, Shembag	SXC, Palayamkottai	Spiritual Guide
Fr Gabriel Lawrence	Thozhamai Illam	Beschi Illam	Rest
Fr Irudayaraj Mariasusai	SJIS, Ooty	Farm, Ayyampalayam	Spiritual Guide
Fr Joseph Raj	Bodhi Zendo	Estate, Paalamalai	Sabbatical
Fr Louis Adaikalaraj	Dhyana Ashram	Poondi	Spiritual Ministry
Br Mariadoss A.	Paalamalai	SHC, Shembag	Treasurer
Fr Maria Augustine	SHC, Shembag	AAC, Karumathur	Treasurer
Fr A.M. Varaprasadam	Reunion, France	SJC, Trichy	Spiritual Guide

From our men elsewhere

From Brazil

Fr Alex Premkumar, Sri Lanka: After serving the JRS in Delhi, I am now in Sri Lanka, working as the Director, Centre for Social Concern (CSC), 30, Station Road, Hatton, Sri Lanka.

From Sri Lanka

Fr James Suresh Kumar, Sri Lanka: While I serve here in Sri Lanka as a Pastor at St Anne's Church, Maliboda - 71441, Sri Lanka, (Tel: 036 5675318), I will be residing at Kolping Centre, Deraniyagala - 71430, Sri Lanka).(Tel: 036 4921741). My mobile no: +94778371229.

From Guyana

Fr Stephen Selvanathan, Guyana: Fr Paul Chemparathy from Nepal and I left Delhi for Guyana early in the morning on 16 Aug. After a long journey via Amsterdam, we landed in Guyana the next day around 2.00 pm. We had to spend 28 hours in Panama City airport to catch the connecting flight to Georgetown. As if these were not enough, I was detained by the Custom officials in Georgetown for an hour for carrying medicines and tablets meant for Fr. Vargeese of Dumka Province. After questioning me for an hour they detained the medicines and let me go. At present I am in the process of getting my papers ready and soon I will be moving to North-West of Guyana, closer to the border of Venezuela, for pastoral ministry. Thanks for all your prayers and support. Please continue to pray for me and the mission. My address: St. Francis Xavier Mission, Catholic Church, Hosororo, Mabaruma PO, Northwest District, Guyana, South America. Mobile: +592-6679489.



They met, they celebrated...

Celebrations, Functions, Courses...

The 38th Graduation Day of AAC, Karumathur was held on 26 Aug '17. Prof P.P. Chellathurai, Vice Chancellor, M.K. University presided over the celebrations. The 48th Annual Sports Meet of AAC was celebrated on 04 Aug. The chief guest was Mr. Ramakrishnan, DSP, Usilampatti.

On 14 Aug **Beschi Illam** novices participated in the inter-formation houses program to mark the annual day of the Salesian pre-novitiate. On 15 Aug, Independence Day, Sr Kiran Minj, PDDM, the new assistant infirmarian, hoisted the national flag and novice Vimal delivered a message. The month-long renewal programme, organized by Fr Bastian, for 17 OSM Sisters, all Golden Jubilarians, came to a fruitful end on 25 Aug, with an eight-day retreat guided by Fr Dhanaraj.

IDCR organized a one-day workshop by Fr Vincent Sekhar on 18 Aug for 120 freshers of Loyola College of Education (LCE) on 'Multicultural India – Conflicts & Convergence.' As the first step of 'Neighbourhood Interfaith Amity (NIFA)', IDCR brought together Catholics from various parishes on 26 Aug. Fr. X.D. Selvaraj spoke on "Church in the Modern World" and Fr Sekhar on the need for healthy relationships with our religious neighbours.

The **JESCCO** team conducted a course for three days on 'Understanding Self' to the First Year students of Loyola College of Education in July. Fr. Emma conducted a two-day Group Dynamics to the Faculty of St. Ignatius B.Ed College at Palayamkottai in July. He gave a two-hour lecture on Effective Parenting to 750 parents of a Nursery School in Chennai. Travelling to Bengaluru, Fr Emma conducted a one-day community orientation to the Jesuits at Arrupe Nivas. He also conducted a two-day workshop on Team Building for the Provincial team of the ICM Sisters. He spent a day in August training the Faculty of Loyola College, Chennai on 'Mentoring.' At Karjat near Mumbai he conducted a five-day workshop on 'Psycho-sexual Integration' to 17 Good Shepherd nuns.



















Fr Richard of JESCCO conducted a seminar on 'Understanding Adolescent Psychology' to the High School students of Sahayarani School in Sivagangai. He also conducted a workshop on 'Healing the Inner Self' to the JRS Girihini Students at Amalashram, Trichy. He conducted a session on 'Solution Focused Therapy' to the Staff at St. Aloysius School at Karangaadu. He spoke on 'Youth Enhancement' to the women students of Arul Anandar College, Karumathur and gave a 3-day seminar on Counseling to the CIC Sisters at Devakottai. He conducted a 3-day session on 'Group Building and Adolescent Psychology' to our Jesuit Prenovices at Vilaangudi.

Kalangarai, Nagapattinam, organized cultural events and games for students of Kalangarai Evening study Centres on Independence Day. On 18, 19 Aug, we organized a two-day training programme on 'Public Speaking' for 15 widows. Mr.C. Baskaran from Kodaikanal trained the widows to articulate their needs and struggles without fear. On 22, 23 August, 40 widows learnt the art of cultivation and production of Thulasi in a productive skill training programme on 'Thulasi Cultivation and Production,' animated by Mr Thulasi K Balasubramanian, the founder of Global Green Growth Group.

A team from **LENS**, Madurai, conducted one-day sessions on the impact of digital media on children for all the teachers and animators of Anbu Illam, Coimbatore. LENS organized a screening and discussion of *Parched*, a Hindi film which portrays the struggles of four women fighting for their freedom and dignity in a male-dominated society in Rajasthan. Fr Irudayaraj directed a retreat for the teachers of St Mary's, Madurai and conducted one-day orientation for 19 diploma teacher training students at St Theresa Teachers' Training Institute, Madurai.

On 02,03 Aug Loyola College, Chennai, trained its faculty on mentoring with the help of Fr Emma, JESCCO. On 04 Aug the Department of Visual Communication, organized a discussion of the recent Tamil hit, *Vikram Vedha*, with a panel of experts, including the film's director, who is an alumnus of Loyola. Retreats for UG and PG Catholic women students were organized in the college premises on 05 Aug. 85th Bertram Memorial Tournament was

inaugurated on 17 Aug.

"Emerging Trends in Social Relations," organized by Centre for Study of Social Exclusion and Inclusive Policy (CSSEIP) on 23 Aug, was one of the many lectures delivered during the month. On the Independence Day Dr Albin Fleming, a senior professor of Zoology Department, hoisted the National Flag and the Independence Day message was delivered by Dr Robert Bellarmine, another senior professor from Sociology Department.

On 22 Aug Fr Francis Jayapathy, Rector, thanked Fr Ignacy Arockyaa for his contribution to LICET as its Director and extended a warm welcome and support to the new Director, Fr Alphonse Manickam.

At Loyola School, Kuppayanalloor Fr Stephen Martin, Vaigarai, conducted a one-day seminar on 05 Aug on 'Media Education' for the staff. Highlighting the impact of media on youth, he taught the teachers how to help students face the challenges posed by the media. On 11 Aug we celebrated our 23rd Sports Day at which Mr. Ramesh, Police Inspector of Uthiramerur, was the chief guest. On 24 Aug we had our School Day with Mr Julius Caesar, Principal of Nellai Naadar Matric School, Chennai as the Chief Guest. More than 170 youth from various parishes of St. John De Britto Vicariate participated in a seminar on 'Social Media and Psycho Spirituality' conducted by Fr. P.S Arul in Ongur parish.

Loyola College, Mettala (LCM) celebrated the feast of St Ignatius with a solemn Mass celebrated by Bishop Peter Remigius, emeritus bishop of Kottar. A Science Expo titled, 'Science in Everyday Life' was successfully hosted on 30 Aug. Conducted in memory of Dr A.P.J. Abdul Kalam, this Expo drew young enthusiasts from many schools in and around Mettala. The best three models were honoured with cash prizes.

On 12 Aug Loyola College, Vettavalam, organized a day-long orientation program for the evening study center animators, offered by Fr Eugene Rosario. On 19 Aug a group of HR personnel, led by Fr Dominic Jayakumar, provided Career Guidance for the first year students.

As preparations for the feast of St Ignatius in



















Oriyur, a healing retreat was organized for the parishioners. At the hostel, a quiz on the life of St. Ignatius and the Society was conducted for the Arulagam Hostel students. At the school, prayers, readings and an essay competition preceded the Ignatian Assembly on 29 July. Students, dressed like Ignatius, Francis Xavier and John de Britto, narrated their encounters with God. Fr Joe Mike, Superior, directed the pre-Ordination retreat for the deacons at Amalaashram, Trichy. Fr Xavier Vedam, Principal, Loyola, Mettala was the Chief Guest for our 54th School Day on 24 Aug.

All the **Regents** came together for a common recollection at VMI, Vilaangudi on 12, 13 Aug, guided by Fr. Rufus, the regents' animator. Two days were spent meaningfully in sharing of our experiences in various ministries.

We are 12 MDU Jesuits this year at **Satya Nilayam** including two staff members. We began our academic year on 15 June with a Mass by Bishop Peter Abir of Sultanpet. On 21 June Ronald Antony pronounced his first vows, which were received by Fr Albert Muthumalai, Rector. On the feast day of St Thomas we went on a pilgrimage to St. Thomas Mount. Some of us have begun giving awareness sessions to students of schools near by. On 08 Aug our new Provincial, Fr Danis, came here for his contact visit.

St Joseph's, Trichy celebrated the feast of St Ignatius with a Mass attended by the parishioners and the staff of our institutions. The Clive's community beat St Joseph's Community in a closely contested basketball match. In the forenoon Priests and Religious from the area attended a prayer service, followed by a sumptuous meal. Fr Thamburaj was a resource person at an all India Charismatic seminar on healing and deliverance held at the Salesian Provincialate, Trichy on 17-20 Aug.

St Mary's, Dindigul hosted the evening function on the feast of St. Ignatius, jointly celebrated by the three Jesuit communities in Dindigul. St Ignatius blessed us with a heavy downpour that began soon after the function started. The function was shifted to the chapel and Bishop Thomas Paulsamy, Fr Provincial and the entire gathering

graciously put up with the inconvenience and enjoyed the dances and a thought-provoking video, created by Fr Stephen L. Pragasam.

On 05 Aug Fr Joe Arun, JIM, inspired and enlightened our school staff by his orientation sessions titled 'Disruptive Leadership.' We had our 107th Sports Day on 11 Aug with National Passport Seva Puraskar award winner, Mr S. Maneeswara Raja, our alumnus and the Madurai Regional Passport Officer and Mr P. Jyothi Murugan, Chairman of Surabhi Educational Institutions as Chief Guests. On 12 Aug the newly-built AC Hall, named after Mr. Deenachandran, who sponsored its construction, was blessed by Fr John Pragasam, Superior, and opened by Mr. Deenachandran. In the evening the 94th Annual Day was joyfully celebrated. All the cultural programmes highlighted the urgency of protecting our environment.

St. Mary's Alumni Association had its 68th annual day on 27 Aug. Mr. Dheenachandran and Mr. Subha Singh were the chief guests, who spoke highly of the involvement of the Alumni in the school. A good number of suggestions came up with regard to extending a helping hand to our present students. Mr Subha Singh donated Rs 1 lakh for building a good library in the school.

The first **SUPAM** Theo-Analysis meet was held on 14 Aug at St. Michael's Church, Sammanasur, Tanjore Diocese in the presence of Fr Arockiaraj, SUPAM Director, Fr Joe Xavier, PCF, Fr Maria Arulraja, Arul Kadal and the nine deacons. The sharing was about the deacons' first encounters in the pastoral field. This one-day session has enabled us to focus on the possibilities in the pastoral field. Fr John Peter, Parish Priest, Sammanasur shared his experiences as a pastor and his expectations of a pastor.

The second year B.Ed students of **St Xavier's**, **Palayamkottai** have begun their 16 week internship in 18 schools in and around Tirunelveli. A team led by Fr Amaladoss organized a two-day international workshop on 'Research in 21st Century' which attracted 120 research scholars., who appreciated the Workshop. The first year students visited special











New Books

Thisaiyagum Thiruppangal & Muran

By Loyola Antony, SJ,

New Century Book House

Price: Rs.100

Ithuvandro Manitham

By Thayriyam G. Stephen, SJ

Arumbu Publications

Pages: 300 Price: Rs.275

CORRESPONDENTS:

Albin, Amal Bosco,
Arul, Benitto,
Donic, Emma,
Inigo, Irudayaraj,
Jacob, Lenin,
Melwyn, Pugazhendhi,
Richard, Roch,
Rufus, Santhoshkumar,
Sarathi, Sebastian,
Sekhar, Thangadurai, Viju.



schools for the physically and mentally challenged.

We, the Juniors at Vidyaniketan, Trivandrum, had our 'City Darshan' on 16 July, which introduced us to important land marks in the city. Fr Lawrence Amalraj's course on Time Management was very useful. On 08 Aug we started Gramapravesham and Sunday ministry in the neighbouring parishes. We celebrated the feast of St Ignatius along with the community of St. Xavier's College. During the Eucharist we sang in 7 different languages under the guidance of Fr Deva. We welcomed Fr Provincial who came here for his contact visit, celebrated the Eucharist and preached an inspiring homily.

At VMI, Vilaangudi, in order to choose the speaker who would give the Independence Day message, we had an elocution competition and the winner was asked to deliver the message on 15 Aug. Mr Simon, our co-worker, hoisted the national flag. Fr Richard, JESCCO, conducted group building sessions that helped the prenovices understand themselves and others. They attended the Ordination Mass at SJC, Trichy and found it an inspiring experience. Sr Stella conducted a course on folk arts and taught our students different folk dances, which they presented on the last day of the course, in a nearby village.

Abide with the Lord

Fr Aelred Gomes, SJ (CCU), 74/55, on 01 Aug in Kolkata.

Fr Alban D'Mello, SJ (BOM), 84/66, on 29 Aug at Shantinagar, West Bengai.

Fr Edward McGrath, SJ, (JAM), 94/75, on 04 Aug at Jamshedpur.

Fr Adrian D'Cruz, SJ (BOM), 78/60, on 04 Sept in Mumbai.

Mr Soosai Manickam, 86, father of Fr Maria Packiam, on 25 Aug at Puhayilapatti, Dindigul.

Mrs Siluvai Mary, 72, mother of Fr Sebastian Crossian, on 02 Sep at Kurumpanai.



Something new, something good ...

The **Beschi Illam** community celebrated, for the first time, Senior Citizens Day on 22 Aug, , with fun games, competitions and a video show that brought joyful vibrations in the hearts of our senior Jesuits. Fr Sebastian (PAT) was in charge of the event. The community thanked God with **Br Antony Ignatius**, the senior most in the Province, on his 98th birthday on 28 Aug. On 30 the 14 first-year novices began their pilgrimage to Velaankanni on foot, while the 10 second-year novices began their service experiment in the house.

Fr. M. S. Jacob, ICRDCE, has been appointed a member of the Board of Studies by the Tamil Nadu Open University for a term of three years from 18 Aug '17. The Department of Prisons, Tamil Nadu has permitted ICRDCE to conduct Skill Development and Entrepreneurship programmes in 9 central prisons and 5 special prisons for women in Tamil Nadu. This programme is sponsored by the National Skill Development Corporation (NSDC).

The **Jesuit Migrants Service** (JMS) organized a one-day seminar on the 'Presence and Issues of Migrant Workers in Kancheepuram District' for the Religious of Chengalpattu Diocese involved in social service. Bishop Neethinathan of Chengalpattu emphasized the relevance of the mission towards the estranged migrant workers. Frs. **Sebastian Crossian**, SJ, Bosco SDB and Dr. Bernard D Sami presented the current data, experiences and research results. At the end of the meeting, the participants resolved to visit the migrant workers in their immediate neighbourhood.

JMS organized a one-day seminar for the migrant workers in Maraimalainagar at Loyola Academy, Vadamelpakkam. **Fr Leo Tagore**, the Superior, LAV, welcomed the migrants to the campus. Around 80 migrant workers from Bihar, UP, Odisha, Assam, Nagaland, Megalaya participated. **Fr Sanjeev** and Prof. Kiran from Loyola, Chennai made them aware of labour laws, rights, ESI, PF and other related schemes. The migrant workers decided to meet once a month in their respective work place under the guidance of **Fr John Felix**. **Sch. Vijin** from Arul Kadal, as part of

















his immersion experience with the migrant workers, organized a holiday camp for 25 children of the migrant workers at JMS field office in Gummidipoondi. The migrant children from Odisha, Bihar and UP benefitted from this intensive English coaching camp.

Kalangarai's St. Joseph's Community College, Nagapattinam has attracted 54 students this year! Its academic year began with an inaugural function, held on 07 Aug and an orientation.

The Departments of Computer Science and Information Technology of **LICET**, **Chennai**, organized an intercollegiate Symposium titled 'Cyber Crunch' on 12 Aug and it was well appreciated by the Chief Guest, Mrs. Radha Satheesh, Head of Business Analytics, Lennox India Technology Center, Chennai. On 19, the Departments of Mechanical, Electrical and Electronics at LICET organized an inter-collegiate technical symposium. About 50 colleges participated in these two mega events.

Fr Justine Emma, LICET, has been recognized by Anna University as a supervisor for Ph.D in the Department of Mathematics and Computer Science, in the areas of his specialization in Non-Linear Dynamics, Viscoelastic Fluids, Numerical Analysis and Simulations. On 23 Aug, Mr Israel Inbaraj, HR Manager, TCS, Bangalore and an alumnus of Loyola inaugurated the Computer Society India Student Chapter.

Loyola College, Mettala has attracted 712 students this year, a great feat for a two year old college! This has become possible thanks to our promotional visits to various schools in and around Mettala. On 28 Aug Fr Jebamalai Raja, Chennai Mission Superior, inaugurated the Hostel kitchen and two dining halls for men and women inmates of the hostel.

Fr S. Arul Oli, St Joseph's, successfully defended on 11 Aug his Ph.D Thesis on 'Confidentiality Techniques to Enhance Data Security in Public Cloud Storage.'

St Mary's, Dindigul launched a new initiative called 'The Marian Sports Fest' to encourage sportsmanship among students. Several Schools participated in the 3-day Sports Fest, held on 24-26 Aug - a joint venture of the school and the Alumni Association. Fr Stephen L. Pragasam, Director, Alumni Association, worked very hard to make it a grand success.



Memories

A hundred years ago...

June 7: His Lordship the Bishop returns from Kodai.

10 & 17: Presides at the Procession of the Blessed Sacrament, Cathedral & Holy Redeemer's.

21: Officiates at the clothing of an Indian postulant and the second renovation of vows of four Anglo-Indian nuns at Holy Cross Convent.

23: Sets out on a pastoral visit to Nanchur. Will return to Trichy on July 1st and bless the new school building at Holy Cross Convent on July 2nd.

July 8: Takes part as first assistant in the consecration of Bishop Robichez, SJ. On his return, he will visit Puducottah and other pangus of the Northern District. After H.L. Bishop Faisandier had conferred the minor Orders on 4 scholastics at Shembaganur on Whitsunday, Bishop Barthe had in his turn, on June 18, to ordain 2 English novices who should otherwise have been compelled to join the colours forthwith.

Rev. Fr. Besse begins the visitation of Shembaganur on 25. Returns to Trichy on July 4. Will accompany H.L. to Batticaloa.

Fr. Mukerjee, of Calcutta, has joined the noviciate at Shembaganur. The junior novices there began the Long Retreat on June 29th, while the senior novices are making their "Pilgrimage."

The Eucharistic Triduum at the Cathedral, conducted by Fr. Arulnather SJ, took place a week later than usual, serving as a preparation for the solemn Consecration of Families on the Feast of the Sacred Heart.

Fr. Tib. Roche has spent the month of June at Alantalai, where he has succeeded in bringing round a few seceders. (From Caritas, 1 July 1917)

Just for...



Wife: What are you doing now?

Husband: Nothing.

Wife: But you were doing that yesterday too.

Husband: Yeah, but I haven't finished.

Secrets

for Well-being and Peace



You don't own anything

Practice acceptance of yourself and of what is. Practice gratitude for all that is about you. Practice letting go, letting your ego surrender, letting your defences down, relaxing into the arms of the universe. Practice acknowledging your smallness and existential loneliness in the universe. Let go of blaming yourself for the past or worrying about your future. Let it be.

Live a simple life. Recognise that you actually do not own or possess anything, and that being attached to possessions can lead to becoming dried up and barren. Attachment can get in the way of joy, caring and loving, and your capacity to be free inside. Be on the lookout for how you can use your own gifts to serve others and bless whatever you come across.

Mindfulness in the moment is at the heart of spiritual practice. Therefore be fully present and pay close attention to what you choose to do in the present moment.

Purify your intention in everything you do. This is where self-knowledge, self-deception and roles can come into play. If you are doing good works but underneath is hidden the real aim of self-promotion, self benefit, or avoiding criticism, then you damage your soul by the self-deception through which you fool yourself.

Humility is a basic spiritual practice. You are not the centre of the universe; your concerns are not the only ones that matter.

- Geoff Price

In Real Men & True Happiness